

Who we are

Excel Physical Therapy & Sports Rehabilitation offers a wide range of services relating to health, wellness, and sports. Our office is a multi-dimensional clinic, using licensed Athletic Trainers, Physical Therapists, Massage Practitioners, and Physical Therapy Assistants, to provide top quality care to our patients.

Contact Us

Ferndale Office

1863 Main St. #101
Ferndale, WA 98248
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Bellingham Office

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Bellingham, WA 98226
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LOCKER ROOM

FITNESS  TRAINING

PAIN and DYSFUNCTION

of the shoulder



THURSDAY EVENING

May 17, 2018

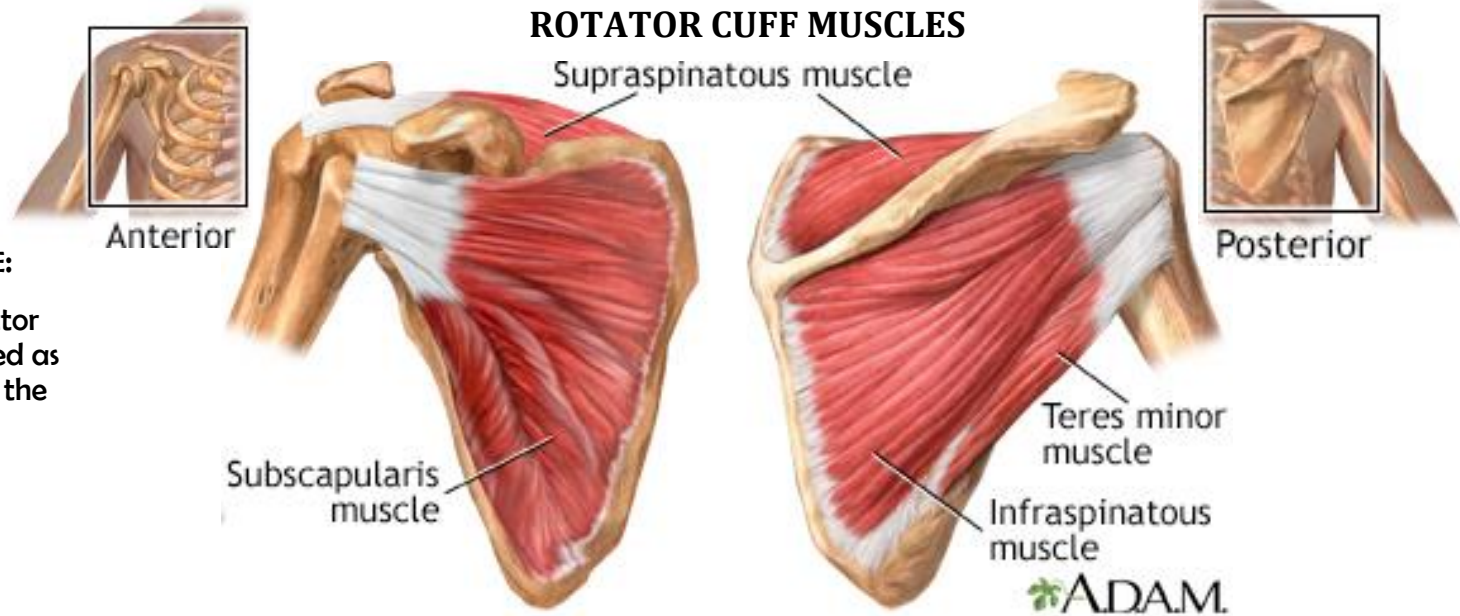
7:00 pm

@ Excel Physical Therapy & Sports
Rehabilitation

Ferndale Branch

(Across the street from the LOCKER ROOM)

Common Conditions



SUBACROMIAL IMPINGEMENT SYNDROME:

Occurs when the tendon(s) of the rotator cuff muscles become irritated and inflamed as they pass through the subacromial space, the passage beneath the acromion.

ROTATOR CUFF TENDINOPATHY:

Pain and weakness experience with movements of the shoulder into external rotation and elevation, due to excessive load on the rotator cuff tissues.

BICEPS TENDINITIS

Inflammation or irritation of the upper biceps tendon caused by overuse, tendon impingement, shoulder joint instability, or trauma.

Causes

